

ANNUAL REPORT

PRESENTED TO WITH A LITTLE HELP

Operational Report 2021



RAYS OF HOPE HOSPICE JINJA

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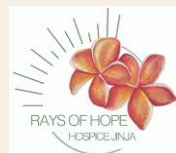
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INTRODUCTION

'With a little Help...' (WaLH) has been a valuable partner to Rays of Hope Hospice Jinja (RHHJ) since 2017. In 2021 RHHJ cared for a total of 1071 patients of whom 515 were new. We had 6,285 patients contacts and had 474 other consultations. 154 patients improved from care and treatment and were discharged from our palliative care. 320 patients died – may they rest in peace.

WaLH has in the past year supported key areas of the programme, ensuring that people suffering with life-limiting diseases in Busoga Region are helped and life improved for them and their families. The support of four nursing officers have made it possible for us to provide clinical care for the patients we have come across – nobody has been left behind, and all have been followed carefully as needed considering their condition – even during the lock-downs during the past year.

The work of the clinicians is well described through this poem - - dictated by one of our patients to the visiting nurses. Though Stephen passed on, his words still remain with us each day; reminding us of our very important work.

You Come

When I smell, you still come!

When flies are all over my room, you still come!

When the weather is bad and the roads are impassable, you still come!

Even when there are Covid-19 travel restrictions, You still come!

What kind of people are You?
What am I to you?

You have treated me like a close family member. Yet you barely know me.

At this point, I know am not going to get cured of this disease. But I thank you so much for continuing to come and check on me, asking me how am doing, taking away my pain, taking away the smell, taking away the flies, taking away the hunger and filling my heart with Joy. If it weren't for you, I would be dead 8 months ago

As for today:
The food, soap, and comfort fund you brought for me has helped reaffirm my status as a father and provider in my family. I am 1000 times happier than what my diseased face can express.

Thank you so much Rays of Hope. If you find me alive next time, we shall continue with the talk, if You find me dead, please know that you have been my dearest friends in the last times of my life. My family and I are very very grateful.

May God reward you abundantly,

Stephen



Stephen passed away peacefully in his home on November 21st, 2021. May he rest in peace

EARLY DETECTION AND TREATMENT OF CERVICAL AND BREAST CANCER

Cervical and Breast cancer remain the most common causes of cancer among our female patients. In Oct.2021 42.5% of the 292 women enrolled with cancer had cervical cancer and 15% had breast cancer. Overall, 57% of all women enrolled with RHHJ has either cervical or breast cancer. Cervical cancer can be prevented and treated if diagnosed early. Breast cancer has a 5-year survival rate of 90% in the US – in Uganda it is 50%.

With the support of WaLH , RHHJ has in 2021 continued our efforts with making screening available for the rural women in Busoga Region:

- 810 women have been screened at 22 health centers.
- 16 (2%) were found positive for precancerous cells or cancer
- 15 were treated on site.
- 10 needed and were helped for further investigations with PAP smear or biopsy.
- Establishment of routine screening at 2 government health centers in Namayingo (Buyinja HC IV and Banda HC III)
- A total of 336 women have been screened, 21 women (6.3 %) were positive for precancerous cells and treated on site



FOOD SUPPORT

This second year of COVID restrictions have been hard for our patients and very many simply do not have enough food to eat. We are therefore grateful that WaLH has helped with providing food and nutritious porridge to the most needy families.

In 2021 350 Patients and their families received a food basket of rice, beans, sugar, and soap. On a monthly basis 150 families received food.

Below a photo of a 11-year-old boy, whose mother is dying of cancer. He is the only caretaker for the mother - cleans, washes, cooks, and takes also care of his younger brother. His joy and gratitude for a bag of porridge flour is nothing but humbling.



TRANSPORT AND FUEL



There is no home-based care possible without cars, fuel and drivers. On a monthly basis our cars have been moving more than 12,000 km (7450 miles) – and this is on small rural roads mainly. WaLH has generously supported with fuel to keep

our programme running and no patient left behind. Due to COVID restrictions the fuel consumption has been more than planned .

Long distances travelled coupled with bad roads have a toll on the mechanical condition of the vehicles requiring frequent repairs. WaLH has helped ensure that the cars are in good running conditions. With the support from WALH, The organisational vehicles are well-maintained and repaired when needed .



We were extremely grateful to WaLH, when they reached out a helping hand to replace the Toyota Hilux, which they donated in 2018. The new replacement is a Toyota Double Cabin (2014) fit to travel the rough roads in the region.

PROGRAMME SUPPORT



Monitoring & Evaluation

We are very grateful for the special attention WaLH is giving to monitoring and evaluation. The M&E officer supported by WaLH has over the past two years strengthened our data collection, analysis and reporting so that it can support the ever-increasing number of clients. Our data remains reliable and has made it possible to use them efficiently for programme planning and also operational research.

Communication & Advocacy

Similarly, we are delighted that WaLH for several years now have supported communication and advocacy. From being a small, unknown NGO, RHHJ has become a well-known and active player on the scene of palliative care and advocacy for better services for cancer in Uganda. In general, very

little is known in the capital among health professionals and law makers about the health care situation in the rural areas. RHHJ sees it as an important responsibility to be the mouthpiece for our poor clients who don't have a voice. We are grateful for WaLH's support in this endeavour.

FINANCES

1000UGX = 1.9.DKK	WalH Request 2021		Payment installment		Received	Expenditure		Balances	
	UGX	DKK	1st	2nd	Grant-UGX	DKK	UGX	UGX	DKK
4113 - Cervical and Breast screen	42,000,000	79,800	50,000	29,800	42,000,000	45,105	23,739,407	18,260,593	34,695
4111. Nursing\ Clinical officers (4)	43,795,772	83,212	60,000	23,212	43,795,789	91,136	47,966,160	(4,170,371)	(7,924)
4125 - Food & nutrition support	9,535,575	18,118	18,118		9,535,789	18,501	9,737,106	(201,317)	(383)
4141 - Fuel	15,000,000	28,500	28,500		15,000,000	35,749	18,815,000	(3,815,000)	(7,249)
4143. Vehicle maintenance and repairs	1,826,733	3,471	3,471		1,826,842	13,878	7,304,000	(5,477,158)	(10,407)
4145. Replacement driver	1,500,000	2,850	2,850		1,500,000	3,373	1,775,000	(275,000)	(523)
4188. IT equipment maintenance	2,000,000	3,800	3,800		2,000,000	2,858	1,504,100	495,900	942
4189. Monitoring and evaluation, Data Officer	16,793,700	31,908	31,908		16,793,684	32,503	17,106,691	(313,007)	(595)
4194.Communication,advocacy and publicity	10,000,000	19,000	10,000	9,000	10,000,000	22,116	11,640,000	(1,640,000)	(3,116)
4220. Vehicle					131,276,940	256,500	135,000,000	(3,723,060)	(7,074)
4305. Office Ass.	8,843,992	16,804	16,804		8,844,211	17,029	8,962,392	(118,182)	(225)
GRAND TOTALS	151,295,772	287,462	225,451	62,012	282,573,256	538,745	283,549,856	(976,600)	(1,856)

FINANCIAL NARRATIVE

The cervical cancer budget line was underspent mainly due to lock-down and no gathering of people. The un-used funds were spent in other budget lines where funds were insufficient.We are grateful to WalH for your understanding for us spending your donation where the need is biggest to ensure smooth running of the work.

ACKNOWLEDGEMENTS

Thank you so much to WalH and all your donors for supporting us in 2021. Your help has made it possible for us to reach deeper into the corners of Busoga Region and help people in need. May God bless you abundantly.

We are looking forward to continue working with you in 2022. Together we can make miracles happen.

